

Poetry Series

layla joseph
- poems -

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layla joseph(10 06 1988)

these are all personal poems written by myself so i hope u like them

Abnormal Decisions

I asked you to back up
Asked you to make a decision
Choose between the glory of the fight
Or the safety of our friendship

I asked you to make the decision
Of the satisfaction of finishing him
Or knowing that you cant save me
Cant protect me any longer

In turn I had to make the decision
To not ask for your help
Not to let you in
But to trust that your belief in me would prevail

To trust that I could count on your support
To guide me through the coming challenge
That if ever it got to much I could count on your help
To get me out to pull me through

So as we both make decisions that normally we wouldn't
As we both go against what we believe is the right choose
You to protect and me to allow you to
As we both make these decisions

As we both go at it alone but together
As we both don't follow our ground out paths
But make new ones from the decisions we have made
We will walk through a destiny we never imagined
A destiny we never planned
But one that he made us choose
United as a whole

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Alienating Those I Love

After all the suffering and pain
After all the times they stood by me
After everything is done and said
In the very end im all alone

All alone with my suffering and pain
All alone to face the new day
All alone when I need them the most
All alone just wanting to die

Its all my doing iv pushed them away
Iv made them leave
And I know longer know why
But this feeling just swamps me

engulfs me in this self pity
Making it difficult to live
Difficult to let others help
And in the end iv made myself alone

Pushed everyone away
Subconsciously decided to with draw
From the people that I love from the only ones that care
And alienated those that I have lent on

Those who have supported me so far
And have helped me survive this long
But now there is no more they can do
As I can no longer let them help me
Whether I want them to or not

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All Ur Drama

you've driven me back to the self loathing
And self hate that only he had caused before
To the dark place in my head
That was opened by his hands

But is being continued by yours
Not by intentions that you have set
But by your needs and your wants
And your every day life

By the constant fights
The never ending crap the you put on my shoulders
Unintentionally but all the same
The never ending drama

Has pushed me to the blade
Pushed me again to slice away
At my body to with draw to my mind
To my little world of pain

To a place I don't want to be
To a place I cant share

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As I Sit Here

As I sit here and watch
as that cut slowly bleeds out
I wonder why it feels so good
Why I want to do it again
Why even with all the pain you cause
Its never enough why I want to cause more
Why I would inflict even more pain
More pain to myself
Why it makes me feel so good
Why is this the only way I can cope
Cope with every thing going on
Why I cope by cutting myself
Why does the blood remind me that im alive
When I feel so dead inside
So dead from all that you do
Why I feel that this is the only way
The only way to escape from you
why is that pain so wanted
When the pain you cause isn't wanted at all
Why does the sight of the blood
Cause me to smile
Why does it make me smile
When every thing else makes me want to cry
Why does the blood make me feel free
Until it stops to bleed
Then another cut I must make
To feel free just a little while longer
Why is it I only feel like this
while the blood is sliding down my arm
So I keep on cutting till theirs no were else to cut
The marks of my undoing will stay their
Until the day I die
Just another scar to remind me of all you did
Just another scar to show the world that slowly you killed me

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Beacon Of Despair

The marks of last night
Stare up at me
From the white flesh of my arm
Red glaring back at me
Like a beacon of despair

The slices through my skin which were made by me
But could only be caused by you
Are more real then every thing that you have done
Or anything you could ever do

These marks tell me more
Then you could ever tell me
They tell me that my days are numbered
That not much more I can survive

That theirs not much more I can take
So I have to find a way to stop this
Find a way out
Or the scars on my arm may become something I cant stop
Something I cant handle

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Could He Really Love Me

Can I ever really move on
Can I ever really let go
Of the one man that I loved
The one man who destroyed me

And if I can never let go
Never fully move on
Can I ever really trust another man
Give myself totally to another

Can I ever really not judge
Without the darkness of the past shining through
Or am I forever doomed
To walk through life on my own

Never allowing anyone close
Pushing them all away
Did he seal my fate to this
Or is my special one somewhere to be found

Is he in front of me
Standing there till I finally see
That he can really love me
And only me

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Defeted

I love you even when I know I shouldn't
Even though I know
That in the end you will kill me
Because I walked away

But you have this control over me
This link that I just cant break
Even if I had the will
Even if I had the balls

I cant fight this
And its tearing me apart
Every time I think of you
I just want to roll over and die
To bury my head and cry

So im admitting defeat
Ill say you won the game
Ill scream to the heaven
And cry out in pain

Ill beg for forgiveness
Just for you to let me die in peace
Just to end all this pain
And to let me forget
all the pain u caused me

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Dieing Inside

The sweet relief as the blade slices through my wrist
And the blood starts to run down my hand
The tension just melts away
And once again I feel free

For the sweet minutes that the blood runs down my arm
I feel like I may survive after all
The slight pain that reminds me that im alive
Then that longed for numbness

That I think about all day
Long for all the time
But only at night will it come
And only as the blood runs free

Do I feel alive again
Only at these times do I feel like I can cope
And that it doesn't matter what you do to me
But I will survive

But as wrong as these acts are
As insane they may seem
They are the thing keeping me going
The one thing that makes me stay alive

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Dont Want It Like This Wit Us

we have gone through so much
so much hurt so many lies
so much joy and so many good times
that it makes this so much harder

i hate the thought of ending it all
the thought of throwing this all away
but u have left me with no choice
left me with no other way

u decided to to turn to drugs
joined a younger crowd
u refused to grow up
so we quickly grew apart

with nothing for us to say
nothing left that we can do
u went ur way
and i finally went mine

u are the hardest thing to loose
the one thing i thought id never have to miss
but in the end thats how the chips fell
thats how we came to this

we tried again even after she tore us apart
after she destroyed years of friendship
that was one time i thought we would never get past
but u came crawling back and love prevailed

but now im not so sure
we should have ever tried again
cause with that one twist of fate
i lost all my trust and respect for u

so now u went and changed once again
and i cant stand around waiting for history to repeat itself
so this is the end pls don't ask me to stay
cause we ended the day that u lost my trust

and my delusions of u winning it back
are no longer there

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Falling Apart

Theirs this emotion that keeps grabbing hold
That just wont let me go
This emotion that's making me fall apart
Picking at the seams then watching it all fall apart

Laughing when I crumble
Screaming when I fly
This emotion is taking over
Destroying my world piece by miserable piece

Till theirs nothing left but an empty shell
A shell of the person that I was
With nothing left to hold onto
Nothing left to live for

This emotion making me slip away
Just to show the world that it can be done
Just to prove I can be broken
Torn apart piece by piece

Till finally there's nothing left

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Muddled Emotions

These muddled emotions
The pictures running through my mind
All off you but the truth so different
Different then you would expect

The word love flitters around
But doesn't come close to describing
What I really think of you
Cause love it isn't

Trust maybe but it runs deeper then that
It runs to a need
A need to feel safe, protected and even maybe looked after
These are the feelings you invoke in me

Just by being near
When im scared and lonely
A hug from you is all I need
A smile a touch
Can make anything go away

But with you unwilling to give me any of this
How this is going to work
I have no idea
These feelings wont just go away

No matter how much I will them to
I can scream and cry
And their they still are
I can run and hide
And yet their still their
Following me around

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My Last Hurah

why is it i cant just walk away
that i always find something i just have to say
why is it i cant just turn my back
put my life on a separate track

why is it i stand around
watching u act like someone ur not
why is it i cant make a sound
even when u cut me down

why is it that when u come crawling back
i forgive u so easily
why is it that when u turn ur back
i always seam to take u back

why is it that im there for u
but u seem to only be there out of the blue
why is it that i cant believe u
but still believe in us 2

why is it our friendship is on hold
for some one whos been around 3 weeks
why is it that im so easily pushed to the side
when u claim to need me so damn much

well im finally going to tell u
that im no longer ur shoulder to cry on
ur outlet for ur pain
ur friend till the end

well im finally going to tell u
that i wont stand strong
that i wont be here for long
that this time u pushed it to far

so this is my last hurah

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My One Release

I pick up the blade
I watch as I make the clean slice
Through my own flesh
And I stare as the blood starts to run

Wondering how easy it would be
To end it all
End it all with this little blade
This little piece of metal

All I would have to do
Is cut in a different place
Cut across the vein
Instead of just on the arm

I just want to cause that searing pain
That numbs me like nothing else
Nothing else ever has
And I watch as the blood starts to pool
The tissues just a red pile on the floor

And laugh cause this is something I can control
Something you cant stop
Something for me and me alone
Something you cant take away from me
know matter how hard u try

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My One Release 2 \

As I sit here and watch
as that cut slowly bleeds out
I wonder why it feels so good
Why I want to do it again
Why even with all the pain you cause
Its never enough why I want to cause more
Why I would inflict even more pain
More pain to myself
Why it makes me feel so good
Why is this the only way I can cope
Cope with every thing going on
Why I cope by cutting myself
Why does the blood remind me that im alive
When I feel so dead inside
So dead from all that you do
Why I feel that this is the only way
The only way to escape from you
why is that pain so wanted
When the pain you cause isn't wanted at all
Why does the sight of the blood
Cause me to smile
Why does it make me smile
When every thing else makes me want to cry
Why does the blood make me feel free
Until it stops to bleed
Then another cut I must make
To feel free just a little while longer
Why is it I only feel like this
while the blood is sliding down my arm
So I keep on cutting till theirs no were else to cut
The marks of my undoing will stay their
Until the day I die
Just another scar to remind me of all you did
Just another scar to show the world that slowly you killed me

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Past Present But No Future

Last night I asked you to go out
And you said yes so quickly I had to laugh
So we went to dinner
And a walk along the beach
We talked for hours
About the past the present and the future
You told me of your pain
I told you of mine
We talked about what we wanted
About what we liked
We showed each other a side of ourselves
Know one else had ever seen
A side that we hide away
A side we pretend that isn't real
We didn't hold back
We just laid it all on the line
And when the night was over
I thought that would be it
But then we talked on the phone
for close to three hours
And in that time I felt your pain your loneliness
And your excitement
so while you lay beside her
And I lay on my own
It was like you were beside me
Holding me near and whispering in my ear
All your hopes and dreams
All those forgot truths
That the world is to full to hear
But that for that moment
You were mine and I was yours
For ever and eternity

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Perfect Summer

their was a time I knew what you were thinking
I could even pick up on what you were feeling
But these days I don't know you
I couldn't even guess

Not really knowing who you are
Not knowing what to expect
But loving you
Caring for you

With every fibre of my being
knowing that I should let go
Knowing that what I based it on
Is no longer there
No longer exists

But being unable to let it go
Unable to not care about you
I wish I could go back to a time
A time when you weren't in my life
Or back to that one summer
The summer were it all clicked
The summer it was all perfect

That blissful summer were all my worries fell away
I felt safe and content
And thought I would always be happy
But then the summer ended
Reality hit again
I started work and responsibility hit
And things were never the same again

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Piece By Piece

piece by piece we loose
because u turned away
piece by piece we die
because u lost ur way
so
we can no longer hold that friendship
so close and dear to our hearts
we can no longer hold that friendship
because we let us grow apart
so
piece by piece we stand
watching it all slip away
piece by piece we cry
watching all those memories fade away
as
we can no longer hold that friendship
hidden in our hearts
we can no longer hold that friendship
hidden in the dark
so
piece by piece we shatter
our life lines torn apart
piece by piece we walk away
watching it all die
as the others torn apart

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Pure Terror

After so many sleepless nights
Plagued by the terror
The terror you brought into my life
The terror that you inflicted

After so many sleepless nights
To scared to close my eyes
To scared to fall asleep
To scared to witness what I would see

There seems to be little that I can do
Little to make it all go away
Images flash through my mind
Images of you
Images of all that you put me through
All the pain that I will hold
Pain that will never go away
The terror of those past months
When all I could do was scream
Scream to the heavens
Plead to the gods

For a release from your terror
A release from all the nights
All the nights I lay in bed and cried
Begging you to stop

Begging for something to pull me through
Begging for the strength to walk away
Crying for a time when life was simple
A time when you weren't around

Praying to a god
A god that until that night I didn't believe in
Praying for mercy just a moment to hold on to
And when that moment finally came
I grabbed on and held on tight

I walked out the door and didn't turn back

But still you followed
Continuing your path of destruction
Till even my nights were filled with images of you

Images that made me cry out in the night

Until my mind slowly started to fade
And the terror you caused slowly started to take over

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Pushing Me Away

You beg me not to say a word
You ask me not to care
You tell me to leave it alone
But in the end its all the same

Your choosing her over me
And that's all well and good
Except you have always said our friendship
Would always be more important

Then any girl you would ever find
So while you show how little you care
Prove to use all what side your really on
I sit here and silently scream

This isn't my shit
It isn't my life `
So why is it im court in the middle
Of this war you call love

Why is it my problem
Why is it my pain
And in the end why is it me getting yelled
at for the things that she does

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Special Friends

The mystery of friendship
So unique and rare
Never knowing what's around the next corner
Or what's up ahead

Believing in each other
Know matter what the past held
But believing in the future
Knowing we will stand by each others side

Not really understanding why
We stand tall and strong
even when we feel small and weak
Holding each other up

Withstanding all the bad in the world
Holding on and keeping each other strong
Over looking the bad in each other
Emphasising the good
Just so our friendship can with stand another day
Another year and even a decade

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That Dredful Night

When everything felt like it was falling apart in your world
I couldn't take the pressure and walked away
It wasn't you I would have stood around forever
But the others didn't want me to

They pushed and pushed for me to walk away
And in the end I snapped
So instead I ran
I went to our spot knowing if you were to look
That would be the first place you would go

And sat and cleared my head
In the end I called to be taken home
Not really thinking you would look for me
As things were falling apart for you
So I wouldn't blame you
If not even a thought you gave to me

But then I found out you were looking for me
So I called and told you were I was
You came to me and the fear I saw in your eyes
Almost caused me to cry
And for the first time you held me
Like I was a toy you loved and had feared lost
You held me like you never wanted to let go

And when you whispered in my ear im sorry
It wouldn't have happened if it wasn't for me
I just wanted to die cause that's a pain I never wanted to cause
And even now the morning after your more worried about me
Then in what happened to you last night
And it just makes me love you even more
For being the kind of friend that no matter what your going through I no I can
always count on you

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The Scars That U Leave

I don't know how much more
How much more I can take
Of this crap you keep doing
Every night I go to bed

With the scars of the day
Scars that you inflicted
And the pain searing through my body
A pain that was caused by your hands

Inflicted by your hatred
A pain remembered the next morning
Only to be added to that night
A never ending pain

As the wounds are never left to heal
But are added to
Over and over again
Know I add a new pain

A pain I inflict on myself
A cut that you didn't make
But was caused by you all the same

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The Spell U Weave

After all the times iv had these thoughts
You would think that I have learnt
Learnt that when it comes to you
The rules to life just don't apply

You confuse me more then anyone
You weave me in your spell
Entrap me in a snare of games
Then leave me realing after the game is played

You never stop to think how I might feel
When you walk away
To be in another girls arms
Or wonder if maybe the things you do
leave me feeling used

I wonder why were even mates
If it's the sex that keeps you around
Or if you actually care
Why do you stick around
Why is it you keep coming back

Why do I keep staying quite
When all I want to do is shout
Why do I let you treat me like this
when i know its not right

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Till The Day I Can Tell U I Love U

The feel of your body
Embracing mine
Lingers even now
The feel of the love you showed me

Pulls at my heart
And wraps me in your warmth
Leaving a imprint on my heart
And a glow in my soul

That night was special
And the connection so different
To any other we have made
While I lay their

I felt my heart grow with a love for you
That even now I can feel
You showed me that you can love me also
And that in time that love may be acknowledged

But in the mean time
I will soak up all the love that you show
Store it away for those lonely nights
Till the day comes that I can tell you
That I think I love you
More then I have told you
And on that day we will be together like never before

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Tired Of Ur Life

With every day that passes
a new fight is brought about
One that isn't my own
But the scares on my leg say other wise

They tell a different story
They tell of a frustration
That this one girl has caused
They tell the story of her lies

Of her every destruction
That she has brought into my life
The blood shed and tears
The never ending battle

Which I thought I had won
But that she has brought back into my life
So with every passing day
And every unshed tear

New cuts will be added
New lies told
And in the end I will slay her
And the war will be won

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U Destroyed Me

Death seems so simple
So easy some how
So many have taken that path before
That the rules lay in front of me

Beckoning me near
Calling me forth
Asking me to end it all
There message I can here

So strong is my need to answer back
With the simple slice of a wrist
A rope around the neck
Or just a bottle full of pills

That I can almost taste the sweet ecstasy
Of leaving all the pain behind
Forgetting all the heart ache
And misery you brought forth in me

So as the thoughts flutter through my mind
And I decide which way to go
All I have to say to you
Is my death is all your doing
u finished me off destroyed my will
crushed my dreams
and stole all the love u gave to me

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U Turned Ur Back I Turned My Hand

The pain inside my heart
Drives me to do the things I do
Unable to stop the pain
Unable to stop these actions

Then in the end I turned to u
And u turned ur back
Then in the end I asked for ur help
And u just turned away
With nothing more to say

U left me sitting here
With tears in my eyes
And the blade to my skin
And as the blood runs
The tears start to fall

As my hands start to shake
again the blade finds its way
As the blood starts to pool
My thoughts turn to u

Asking myself what would I do
Then once gain the fear takes over
The blade makes its way
Asking if it can finally finish the job
And what else am I ment to say

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Unable

This feeling of unease grips on and suffocates
Me in its self pity, self worth and self loathing
It drags me down to its depths
Making me do these wild things

Making me act out of character
Say thing I normally wouldn't
Things I cant even believe
Things just to make others hurt
Things that are plan just not me

This feeling so different then anything I know
Different then anything I've felt before
Unable to deal
Unable to share how im feeling
Just plane old unable to continue

Not knowing were to turn
Not knowing who to trust
But hafting to turn to some one
Hafting to trust someone
Anyone
Who will I choose

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Wasted Dream

Their was always this irresistible spark
That hung in the air
When ever we were together
This desire that over road the rest

This flame could have become something
Even while we had others
But you had to go away
For a crime I don't think you really did

So with him I stayed
And slowly forgot about you
Only allowing the occasional thought for you
But now you have come back into my life

And the old thoughts old emotions
Have risen from the ashes
Making me ask if maybe we could be
Could you maybe be the one for me

But is there really a chance
Is there maybe some hope
That we could try and see were it goes
Or is it all a wasted dream

A dream I should stop dreaming
Are you just like him
Will I end up regretting it
If this move I choose to make

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We Cant Go On Like This

How can we ever be truly friends
When im always there for you
But your never their for me
At least not when I feel my world is once again
Crashing around me

How can we truly move on
When so much of the past is left unresolved
That the person we think the other is
isn't truly who they are

But just the person that they were
We stood ideally by as we grew
Knowing everything about the people that we were
But not willing to learn about the people that we were becoming

Believing that we would remain friends
With out growing together
But friends should grow together
Or they can never remain together
They slowly grow apart

And in the end that's what we did
And no matter how hard we hold on
We cant go on like this
Cause in the end we know longer know each other
No longer believe in each other
No matter how much we say we do

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Why

Why are things in life so complicated
Why are friends never really friends
Why are things never how they seem
Why do people always lie

Why is it that the people you love
Are always the people that hurt you the most
Why is it that when you think every thing is fine
They never really are

Why is it that I believed in you
But you never believed in me enough
Why is it that im your mate
But your not really mine

Why is it that when your down you know you can count on me
But when im down your never around
Why is it that I let you treat me like shit
But I say one thing wrong and that's it

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Wonderings

Theirs so much left unsaid
So much left unasked
That this rift that stands between us
Can never be fully healed

There is so much I could never tell you
So much you didn't want to no
Like that it was a week before Easter
That my little baby girl died

Or that her name was to be
Sapphire rose
Cause it signified a happy part of my childhood
A part the pain could never touch

Or that there are still times
When I wonder if I could go back to him
Even after every thing he did
Just to feel that someone loves me

Or that blossom was the first thing that showed me love
A love that I ached for my family to show me
That when I couldn't talk to anyone else
I always talked to her
And that I feel like I just killed the one person that loved me
All because the ones that never could told me to

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Y Do We Keep Coming Back To This

There are moments in a day
I sit and wonder why

Why is it we keep coming back to this
Why is it things always need to be like this
Why is it we keep lying like this
Why is it that I feel like this

And in these moments
I have to ask myself

Why do I keep doing this
Why do we keep playing like this
Why is it you keep coming back
Simply why do we keep coming back to this

If there is no love
Should we be playing this game
If there are no rules
How do we know when to stop

If there is only mutual affection
Should we keep coming back to this
Or is there a danger that affection will turn to love
If one of us isn't careful
if one of us isnt truthful

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