Poetry Series

Cheryl Lynn Moyer Peele - poems -

Publication Date:

2011

Publisher:

Poemhunter.com - The World's Poetry Archive

Cheryl Lynn Moyer Peele(April 4th, 1953)

Retired FEMA inspector, environmentalist, activist, Unitarian Universalist, special education teacher and poet, lives and writes in Montgomery, Alabama. I have attended workshops with Franz Wright in Provincetown, MA in Oct.2005 and with Robert Pinsky in Camden, NJ at Rutgers in 2005. I am published in Write On, Poetic Hours, Penwood Review, Down in the Dirt, Distinguished Writings, Bell's Letters, Alabama Anthology 2006 and Alabama Poet's Society 2006. I have a Master's Degree in Public Administration from Penn State University and a Masters in Education from Alabama State University.

A Little Blue Shell

A fragile robin's egg lies in my path, unbroken about forty-five feet below it's mother's nest.

Stepping over the unseen fetus, the first rays

of dawn reflected it's tranquil blue, cooler than

the required mother's 104 degree feathered belly.

No more than fourteen short days before escape

from that hollow inside to inevitable blue skies.

Then, there must be feedings every fifteen minutes.

Impossible to even contemplate.

Now late for my classroom full of disabled

children, also demanding attention, slowly learning

their way out, I hurry along surprised

to find my palm cradling a tiny blue shell.

A Tree (First Poem Written - Age 8)

Oh, how lovely is a tree so much taller, than you or me. Spreading out it's branches day and night for tired birds, from their flight.

Where would we be without a tree? We wouldn't have much, would we?

Born: Cheryl Lynn Safko (St. Petersburg, FLA)

Question: Did I show any literary promise?

Another Kind Of Love

Bertha, or Millie, or Evie, I never knew her name, but when my mother's scrawny white body never produced milk, a soft black fountain of creamy life giving juices poured into me from my nanny, who was nursing an infant of her own. From this brown earthy breast I bonded with the real south - as a world full of dark, warm, deep, nourishing love

Any Other Name

A charred piece of bread doesn't care if it is given the name of "toast."

Neither does a bird pause its song to see itself properly identified in little Darwinian field books. A flower will open to the sun, unseen by human eyes. A man, however, whose particular scent and soul are not memorable, wilts, decomposing cell by cell, the divine fire smothered out.

Be Quiet Please

Silence sings, if you listen.

Warning....
earthly frequencies
can be detrimental
to your health.

A deaf girl says she talks to angels in the cracks of a wall. Voiceless spirits calm her.

The twisted spine of a boy liberates him. He flows away from the unbearable here, returning pain-free.

Let go of what you know. Turn off your bleeping radio!

Your mother was right! Loud music can steal your soul from the heavens,

where starry silences speak to inner ears.

(Published - 'Immortal Verses' - Fall 2007) Also Accepted - 'Little Black Book of Poetry' - Spring 2008

Chicken

A child's ear on the track listening to low vibrations first. Slight fear and trepidations hum.

Ensuing rumblings echo within the stomach lining, sending warnings to the brain stem.

'Move' echoes throughout the nerves. Premonitions create a sense of pending doom.

And still you lie, wanting the chills racing up and down the spine, adrenaline rushing.

As the ground eventually shakes your body begins to scream with life forces surging.

'Jump' is now a prayer whispered by the lush green grass and your unborn

children watching, weeping.

Don't Tell Me Your Dreams

"Don't tell me your dreams until after the sun comes up, " he'd say. But the light won't change that he's a black Man and I am a white woman in Alabama. Daylight, and truth don't matter. So we learned to touch only with our eyes and our words. Knowing no job is tenured against bigotry, it finds its way. So, here after dark, I dream, and wait for unrelenting dawns.

Dream Pockets

Awakened in haste, I threw my cotton sheets into random creases, capturing my startled dreams.

Later, in the dark cool stillness I unfolded that dream soaked sheet.

Each previous tale of slumber flew through me, piercing my silent core.

Naturally, my daily events and nightly visions unite, Astaire and Rogers twirling in the twilight.

So then, dear conscience where is day and when is night?

Eye Sand

Our bodies must produce sand to block our sight opening our senses to the unembodied shifting sands within. The other senses remain interchanging positions.

I can taste a Mama Cass song. Smell the sun erasing its light. Feel the overwhelming orange blossom's breath. Watch time dancing again.

Fear Not

Once again Einstein rules the universe, this time his 'dark energy' viewed through Hubble's eyes expanding galaxies

laughing at gravity moving celestial matter expo-nentially, look out nothing will collide, neither planets, nor our stars

can hesitate, space wrinkles invisible, unfelt thundering senseless skies into once nowhere

now arriving daily to a reality near you.

For Bill Kanouse

In your name I leave the refrigerator half empty. Fresh air blows through windows resorting partially written pieces of my days.

Swimming in clear water can be difficult, so I must lay in the rain, soaking up what remains of unspoken truths.

From The Inside Out - An Autistic View

The autistic child's fingers fly across the keys releasing inaudible syllables of joy, floating upward between his fingers.

He tilts his head slightly to catch the reflection of the lyrical words, melting into his ears, secretly soft bubbles.

My round teacher lips release a question, "sing, sing, sing" repeated in his head, an echo. He shows me the notes clinging to his breath.

"This room is my blanket. This day is my hug. Hold the love from my eyes."

Girl In Vegetative State Plays Tennis

Seemingly lifeless in endless REM, only internal cycles remain, bright cerebral flashes that light up when a Cambridge researcher demands, 'Think about playing tennis'.

The brain fires up, memories connect, thoughts whirl. Her feet and tennis balls fly again. Point, serve, return as the MRI calmly observes.

'Now walk around your home.'

This next command launches her daily trek in cozy pink slippers with a steaming coffee mug while singing 'Good Morning Star Shine' to fragile white orchids.

Going Home

Orange paper thin wings flit fluttering two thousand miles. Six months on slivers of onerous air and borrowed light rising 57 degrees above a North American horizon. Due south to a mother's remembered Mexican sky.

Chemicals curl milkweed pods. Sparse feedings and eggs to propel futures in monarch communities or returns on delicate floating insect souls.

Mere ganglion brains insistently proclaiming, This way, this way,

This way home.

Gone Fishing

Gone Fishing

Daily, I am a specially educated teacher profoundly challenged,

not really these ghostlike souls.

Watch us carefully, invisible between the sheets of your music.

Dancing our eyes repetitiously in silent song.

Please do not presume!

We will not be your red fish, blue fish or green.

We are only the beginnings and endings of many questions

unfathomable

from where we were last seen.

We can never be caught.

How Am I? Well,

useful parts of me have not fallen off.
Thoughts are not missing yet. These eyes can observe my non-fiction.
Smiling does not require melting somehow.
A safe place still exists somewhere. I am now the teaching, not the teacher. Everyday has the whole day to itself. Nobody threw dirt in my face. My sun still floats in the sky.

If I Should Lose My Soul

Will music fall flat upon my ears? Could the sun rising become only the day's light? Is my laughter then only an empty sound?

If I should lose my soul,

might I forget to forgive? Would I still practice in joy that which could just be done? Would I care if you cry?

If I should lose my soul,

would I bargain to live one more minute without human love? Seeing my reflection in a rodent's eyes

and in the flick of a serpent's tail?

It's Just Blood

I had just accidentally smashed my boyfriend Howard in the forehead with a horseshoe. The blood surged through his eight year old fingers, dripping down his face. I screamed, dropped the horseshoe and spun to race towards the house, 'No, don't tell anyone! 'He tried to block me from reaching grown-ups and help.

I remember looking into his eyes, and seeing blind love, and fear. He could forgive me any pain I would ever cause him, and deny it as well. If they found out he thought, then our love was lost. Even now I'm amazed, how love can survive, in spite of all our visible and hidden scars.

Love Feast

As your sun sets slowly, let me taste your tears.

As you rock and tremble memories, let me smell your dreams.

As eternity lays you down let me spoon your light into my eyes.

After you dazzle away, let me breathe your last drop.

(Published in Bell's Letters - 2006)

Manifestation Of A Buddha

A child missing for a year in remote Nepal, re-emerges now 'The Enlightened one, ' the reincarnated Buddha, cross-legged beneath a tree. No sign of ten months of hunger or thirst for anything but silent prayer. Bamjon, last seen by tens of thousands in 2005 now has shoulder length hair with his body wrapped in a simple white cloth. People are walking to see him, to be touched by a God, some believe. These terrible times have called him forth. Molding him into Buddha himself, who said, "All that we are is the result of what we have thought. The mind is everything. What we think we become." And so he has.

Martin Luther King's Dream - Revisited

It is nobody's fault you're poor, black, hispanic or dead of an Islam bullet centuries from home.

It is terrorism that prevented your education or denied you your constitutional rights of a democracy, running scared of it's individual privileges to disagree.

It is American to stand up, fight back, to speak out, against injustice for the poorest, most ignorant, unworthy, or disabled amongst us.

Turn your back once, and the privilege is revoked for each of us to claim 'Am I not a man?' Worthy of the dignity of life, of inherent liberties.

Now that the disenfranchised have become the majority, how must our 'dreams deferred' explode?

Memories Of Mom

You have forgotten who I am, but you can clap your hands and giggle when I kiss you.

We must bathe and dress you now like that large fragile doll you once bought me for Christmas.

It happened slowly, so we used to see glimpses of the proud lady, you once were. Now we can only treat you with dignity

And for now
I can still hold you
in my arms and tenderly
sing to you, the songs
you once taught me.

Until someday you forget to breathe.

Men That Have Known Me

Some have traced their fingers over the curves of my body and my mind.

Many have uncovered gaps in my teeth, fading gray among the blond.

Others have curled their tails and paws possessively into my nooks and crannies.

You, alone have known the loving whispers, reducing me to puddles.

I am nothing, without your flowing waters, to fill me, refill me again.

Milk Of Life

A pure white Persian cat had just carefully shook each of her kitten's throats until they were asleep.

She had no milk to feed them.

She laid them in a row in the sun's last rays to keep them warm. Their eyes dimmed into the night.

Now as I stare into empty cupboards and the bottomless grief on mothers' faces, I wonder

how many infant souls have been silently laid to rest gently beneath the daffodils?

Mom's Passing - (June 28th, 2005)

There's not enough air to breathe.

All my pain real and imagined, mental and physical Is rising up from my DNA rushing through my cell walls pouring down from my veins like a gushing spout with stripped threads, nothing can stop this pain coursing, coursing through generations of flesh welded to it's kinfolk, eye to eye, memory to memory birth to death, we all imagine ourselves to be seperate islands onto ourselves until one of us passes.

Then this vacuum demands living, breathing, coursing pain streaming like a river washing away the emptiness making the world safe to breathe again.

(Written and read 2 hours after my mother's death at the Walt Whitman Center - Camden, NJ - 6/28/2005) - It was those wonderful poets that helped me cope.

More

That deaf, dumb, partially blind girl still crawls around on her knees,

talking to angels in the cracks of the classroom's concrete walls.

Her curly hair is twisted into bread ties. Her black skin is chapped white.

Thirteen years she's screamed into the emptiness that surrounds her.

The gold stocks rocket, the job market crashes, another hurricane pivots

towards the southern hemisphere. After hundreds of words I've signed into her open palms, understanding by tapping her fingertips together,

she demands 'More' and 'More' again.
'Yes, ' I reply. And now the world begins.

Morning Weather Report

The morning air was angry so I closed my front window to block the '37th homicide' seeping under the wooden sill with a sharp biting scent.

Four shots in my foggy dream bloated brain had preceded the cool bloody face of a twenty year man/child who suffered only from place dysfunction.

His young wife now married to the impermanence of happiness. Suffocating,

I wedged open the rear window allowing entry of the neighboring baby's voice chirping on the morning breeze,

melancholy falling like dew.

My God, Will Always Give Me Someone To Love

At birth I opened my eyes and saw God in my mother's face. Life giving milk poured into me from her soft and fleshy space.

My God, always gave me someone to love.

As I grew, parent's arms and fingers always held me during endless tries on flimsy bikes, my father's hands lifting my kites in merciless skies.

My God, always gave me someone to love.

A coincidental teacher would always tell me what I needed to know, a kind soul always held me, when I couldn't humanly let go.

My God, always gave me someone to love.

Now I hold infants in gentle eyes, dropping food in hungry minds, speaking consciously known replies, passed from the beginning of time.

because my God, will always give me

someone to love.

Off The Record

Only his brown eyes moved not the face or head or body muscles at all not even instinctively. Cognitive activity was so low it could not be recorded. Like a puppet I raised his hands, arms and muscles in tandem with the flow of our activities. No perceivable reasoning or thoughtfulness or coherent responses. In spite of this, Jason all day long watched me and laughed with conscientious glee. Cheryl Lynn Moyer Peele

Our Last Jazz Note

Like a beloved child with aids New Orleans' soul passed on. In denial, a nation prayed it wouldn't happen, then that it wasn't so.

Katrina, that angry woman purged our primeval soul, tested our very humanness, then piously exhaled our last jazz note.

Our Phases Of The Moon

In the first phase, brand new in the light there seemed perfect pears, darling daisies, warm mother's milk, then the long melting marshmellow of days, where mother's strong hands lifted me up from her lap, each moment's view more glorious, just beyond my reach.

In the second phase, with fully rounded days illuminated by walks through wild strawberries, barefoot toes dug into the earth. The mind too expanded to hold it all. By then I found words enough to describe a loved one's hands and the immensity of their touch.

In the third phase, the waning light began unwinding the days that had been full of lemonade and wine, sunshine and moonbeams, slowly closing the worldly eyes, slipping past the beauty of all sight and all words to the simple poetry within.

Pass The Ketchup Please

I'm staring at the ketchup but I've lost the words.
'Mon amis' I must leave again.
The razor sharp scent of 'La content voyage s'appelle moi' (This happy voyage is calling me) .

I'm diving into the luscious pervasive smell of dancing in rain puddles.
'Avec tu, avec tout le monde, tout ou.'
(With you, with everyone, everywhere.)

I am wearing only a bright yellow raincoat and a warm gentle smile. Someone forgot my clothes to lay across the puddles.

When the popsicle is gone the stick burns my tognue. But the cherry taste remains in my head where my grandmother is calling me 'Cherry Pie, where is your babushka?' It will protect me from this sunshine. 'Le soleil voler moi vide.' (The sun steals my emptiness.)

For me the dark is a warm womb about my fetal hands and miniature feet. I play hopscotch with the chalk in my mouth or is it in my hand and the hungry sea sends it's tongue to chase my feet. The seagulls yell their warning, 'Un nageur c'est ne la roche pas.' (A swimmer is not a rock.)

I'm flying a newspaper on a stick with string. My father glued it together with dreams so that my feet won't touch the ground but human hands have reached up and tickled my toes.'Je reviens a' moi.'(I return to my consciousness.)

'Will someone pass the ketchup please? '

Passing Through 1959

On just another tree lined street, that we were passing through, children were hitting rocks with sticks. The baking smell of fresh biscuits swirled into our lungs as mother hurriedly rolled up our Chevy's windows, pushing down its locks with trembling hands. When she nervously stopped at a phone booth, small black curious fingers pressed up against my closed rear window. As she jotted down directions for the way home, I simply touched them back, one by one, where the raised glass had begun to melt between our fingertips.

Pond Scum

Pressure cooked dead zooplankton and algae was initially sold to Americans as medicinal snake oil. Several hundred thousand bottles were consumed before it's energy usage proved more marketable. Meanwhile in the town of Baku, Azerbijan, North of Iran, villagers could dig a hole in the ground, dropp in a live coal and start a fire. Historically, trillions and trillions of gallons of this lucrative pond scum has bubbled up to the surface worldwide, naturally consumed by hungry bacteria. One hundred fifty billion is now spent annually to locate the remaining desolate pools. America's pipelines,161,000 miles of arteries, half the distance to the moon await.

Poverty Is Not

An infectious disease spread through the air or blood.

Nor a dominant gene passed down from father to son.

Want is not traced deep in the palm of your hand.

No one chooses to go out daily alive with hunger.

It is a silent burglar with a sharp knife cutting away at will.

Leaving behind only the form, the shape, the shadows of what we are.

Real Portrait

It's the words beneath the words that frighten me.

Scattered and hidden in the back of my mind, on scraps of paper,

(in the silences) .

Bold as a burp I sometimes dropp them carelessly, in midsentences, in startled gaps of mundane conversation.

I lose them to the hungry air, my real portrait, untouched glossy face.

(Written for my friend - Carole Clark)

Relativity

The hibiscus plant screams as the researchers beat it, or so says the polygraph. Then as they think about causing it pain, the needle spikes.

Plants know, eggs know, even yogurt hears the universe talking, cells in silent chorus,

divining rods to what will occur, little compass needles magnetically charged to the sounds of the earth echoing

out in sympatric waves, earthquakes in my fingertips

Replaneting

Lay your bare feet upon the earth's breast, then walk. Dip your fingers into her brown skin, impregnate green. Resuscitate with gales of oxygen, inhaling CO2. Exchange umbilical fluids in this living womb, our only undying mother.

Secret Language - A Response

The flower whispered, 'Oh' to the caterpillar, Who wrote it for the starlings' next song, The housefly danced it across my butter, The crickets rubbed their legs to sing along, The falling snow stopped to consider.......

How they all were the song. How they all were the song.

(In response to Shel Silverstein's - Secret Language)

Published in - November 2008

Secret Of Old Age

(Published in Alabama Anthology 2007)

In worn overalls as patched and thin as his shoes and with a rusty bucket in hand, he walked along the side of the road. He was 74 years old and carrying fresh cut collard greens to his daughter's house 13 miles away.

Minnie who was 69 was running off to work to take care of an 'old woman' of 91.

Sarah was 82 and her mom 99. They sewed quilts for a living and were preparing for the mother's 100th birthday party soon to come.

I stopped to ask directions from Georgia who was hanging clothes on the line, she said she was 105. She had cleaned houses all her life.

So I asked her the Alabama secret of old age:

Was it the slow living in the warm sun? Was it the clean air or pure water? Was it good food prepared by loving hands?

She smiled and said 'Yes, it's all that'

'But mostly...... it's the hard work'.

Then she hung another faded shirt

up on the line.

(One week in Greene County, AL 2004)

Shape Shifting

Layers of useless flesh less. Eyes appear rounder, grasping onto certainties once beyond wrapping the mind around.

Those previously disappeared now emerge with curves to be held, layers of oneness in harmonious balance.

The fruit of being knows it's complete state, neither green impalatable nor weightiness,

falling too soon.

Ski Hill (Chardon, Ohio)

Crammed into snowsuits like overstuffed sausages, rainbow colored scarves hid determined grins. Clouds of warmth billowed up from our bellies as we marched, dragging wood and metal in our wake.

No path in the dazzling white ocean, only instinct and children's screams carried in the wind's ear, winding through the forest playground, calling us forward, full of careless snowy frolicking song.

Once at the sacred crest we flew on frozen feet, bouncing padded bellies on a wild wood mustang footloose and flopsy mare, as the frigid white rushed into our blinded mute senses.

After 75 seconds of this eternity, we trudged upwards again and again to swallow a dozen more flights of reckless abandonment knowing steaming cocoa awaited to melt us back into warm elfin flesh.

Spiritual Shortcomings, Historically Speaking

The first deadly disgusting behavior Pontified in the fifth century by Pope Gregory the Great was predictably punishable in hell by being broken upon the wheel. Pride goeth before

Lust, the second deadly sin in descending order of seriousness, of the seven offenses against love itself. Avarice guaranteed the sinner perpetual dunking in freezing water, while Anger would cause one to be dismantled alive.

Suffering from Sadness (or Slothfulness) would find an eternal bed of snakes. Avarice (or Greed) victims were showered with cauldrons of boiling oil. The Gluttonous were fed rats, toads and hissing snakes. While the lustful amongst us were merely smothered in everlasting fire and brimstone.

Salvation, by way of the seven contrary virtues delivered souls to heaven above.

These counteractions were guaranteed by Humility against Pride
Chastity against Lust
Kindness against Envy
Abstinence against Gluttony
Patience against Anger
Liberality against Greed
Diligence against Sloth

Worthiness of redemption could also be purloined by a designated tithe to the local medieval priest. "Good Works" as well, entered into the confessional equation for eternal forgiveness:

Feed the hungry

Give drink to the thirsty

Give shelter to strangers

Clothe the naked Visit the sick Minister to prisoners Or bury the dead.

Authors Note: Regardless of these noble altruistic behaviors, (which usually occur late in life), I would hope eternal rewards exclude the unrepentative, immoral, shiftless, self-gratifying, good-for-nothing, arrogant shits, that continue to profit in the commercialization and packaging of death by sin.

Strangers In The Night

We were buried in charity: clothes, food and toys after the fire took our home and your crib. You had only slumbered in this world one night. The dew still on your eyelids, when the smoke began to fill our lungs. My husband; an actor, a tenor could not abide children. So I had left, to paint your life yellow, with daisies, and eager drips of paint. "An abortion, " he had demanded, and even as I nodded my head, I knew it would be you, not him that would be laying his head upon my breast. As I kissed the dew away, you learned to breathe in the cool night air, familiar strangers holding us aloft.

Sun Bear's Predictions

(A Sacred Teacher of Chippewa Descent)

The mark of the bear claw is upon everything, The time has come again, for each man child to live simply in the sun.

Be aware of the water. Is it pure, fresh, clear of impurities? Wash yourself and your loved ones, carefully. Drink deeply.

Breathe slowly, cleansing your blood. Breathe as our earth, in complete circles.

Test the soil with your own hands. When the food you grow is healthy, so can your body grow.
Thank all life that you must take within.

This is all we have, bless it and we will be blessed.

(Translated into poetry Dec.2007)

Sweet Thoughts (A Child's Verse)

In my pocket, a single penny In my sister's, a lonely dime Alone, no sweets can I buy any Together, candy all the time.

The Black Belt Blues

One day Rosa Parks was just too tired of accepting that's how things are.

Martin Luther King had a prophetic vision he wouldn't live to see the mountaintop.

Sweltering heat, poverty, racism and despair still claim all the breathing space between the catfish ponds and the cottonfields.

The blind, the crippled, the poor, and the elderly bundle up in layers hugging their own warmth to sleep at night, staring at falling stars through their cracked and rusty sky.

Children nibble a moldy potato.

Abandoned cars, corpulent vultures loveless dogs walking nowhere claim these back rural dusty roads. Raw sewage pours into the open grass. The sun bakes it all hard and crusty.

You can clean motel rooms for a dollar each. Walk four miles to wash a white woman's clothes. Beg a ride to the grocery store.

Mothers sing their Baptist prayers. For your children's sake you stay alive.

The young people have escaped rewarded with real jobs, real pay, real benefits In the cities and way up north.
Their mothers used a switch with loving hands to help them find their blackbird wings.

But once they've tasted respect, human dignity, a life worth living, they can't go home again.
They can't sleep there.

There's no peace in their souls, only fear, anger, defiance and the god damned bloody tears.

The Fine Art Of Description

Beethoven, Mozart, musicians all speak God's voice with sounds until the music is almost, yet incomplete. Poets write words, full of human fury and love and sorrow, just one syllable short of eternity. The painters, of infinite hues, capture spirituality, but only on earthly canvasses. Perhaps together the orchestra of life can mirror the heavens, or even it's simplest form of God's natural creations? No, all earthly efforts fail, when all we ever needed was the first pure colorless note, written in silence.

Why do we artists struggle at all then? To live, and love, and write, and paint, and sing, and take our part in the indestructible art of 'being?' To be entirely oneself however, is almost impossible. But let us practice, dear souls, practice in joy.

It is only when those we love finally close our unseeing eyes, will we open completely to the un-physical, spiritual union with all that is, free of any need for description.

The Poor

Sharing their space breathing in their air I could not see them.

What they are forever lies outside my sense of knowing.

Their authentic movement daily through their plane of existence

lays beyond my words.

I can choose to be or not whatever, whoever......

They are, live, simply as they always have,

where they are

and

who they must be.

The Sunny Side Of Life

Our light producing, heat giving, ever shining center of our universe does not require being dug out of the ground, protection from radiation emissions, controlled growth of corn or seaweed or even the wind blowing in the right direction to provide equally distributed, communally owned, tax-free, solar-operated everything.

The Woman Who Ate Pittsburgh

Looking for me is useless, If you find me, I am not able to pass my hand through your image

without breaking the illusion.

Stand in front of me, scream. It is still you screaming. I am always inside my skin, me! over and over.

Yes, I have many words, strung together they become the moment it takes to write, only one slice

until we eat it.

That's where I'm always found, chewing slowly

a melancholy movie, dancing daisies, collapsing buildings, the smell of bread baking, transparent people, magazines and

little bites of entire cities

until I can swallow the sky.

To Laugh

Life swirls around me.
I am out of gear, out
of sync, one beat off.
Nothing makes sense.
I must stay calm
to avoid panic.

Depression's gray fog begins to wrap it's smoky fingers about me.

My physical well-being is now entrusted to pink pulsating plastic pills

I search deep within for a safe path back to here

and now a bubbling bouncing resurrection

because I laugh.

Totems Lost

An orange ball sun sets as a green streak explodes.
Lava rock, palm leaves, and breeding whales crest, then submerge into subconscious levels. Negro clear crystal waters, energy dispersed, chilled chi waivers.

Terra homo sapien bellies lay supline on wood floating, earth sealed by lava fires, chilled with trade winds returning. Rivers ran red as man prevailed over Gods and nature. Sharks now swimming backwards, humans rise into darkened skies, green only a mirage, a pretense, omens forgotten in totems lost.

Wanted-Missing Link

Blonde, green-eyed, twice-loved UU humanist seeks mature liberal minded humorist, who eats words for breakfast. Must require walking, breathing and just being. Sometimes will come home for lunch of tai chi. Prefer unprofessional males able to vulcan mindlock with my cat. Musicians, artists and poets without bipolar disorder considered. Must be secure in your own silence.

What's Left?

Immunity from feeling came from mentally engaging in murders, every eight minutes, on a high definition Panasonic television with a wrap-around sound system. Each morning's local Advertiser obituaries describe the demise of vague acquaintances and old school chums, as well as the explicit details of crimes which occur within a ten block radius. Reinforced by the by daily statistics of civilian casualties from Israeli bombings, Iraq villages, from flooding rivers or poisonous imported tomatoes. Overloaded, my short term memory switches off, making me unconcerned about the man ran over, left to die on a street in Hartford, Connecticut. At night, I climb on the cross-town bus with meaningless strangers, I secretly imagine their lovers somewhere, somewhere else, still entwined in passion and tangled hair. A little shiver, but then a critical mind-saving gasp of air releases me from survival instincts, then I can see their faces begin to refocus again, in the clear pools of our eyes.

Where Are The Flower Children?

Our sons and daughters conceived in strawberry fields have talked dad into tying his hair back and mom into wearing a bra and conforming to the media-hyped double-talk: 'Lose your civil rights to protect your freedoms' and 'Spend ourselves into a massive national debt to protect our economy' while pretending everything is still manufactured in America, or at least assembled here, not carried over invisible foreign borders, stamped MADE IN AMERICA.