

Poetry Series

**Ari Castillo**  
**- poems -**

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**Ari Castillo(10-5-92)**

# Abused Child

what happens to the abused child after the abuse end?  
Do they forget the abused and move on?  
Or does the abused taunts them everyday?  
Can an Abused child ever forget being abused?  
If you asked me once you bein an abused child  
you wont be able to ever forget the abused

Ari Castillo

# Am A Girl

ii am a giirl who believes in herself, who knows she is capable of anything that she puts her mind to im the strength and determination of a giirl who follows her own path, who isn't thrown off by obstacles along the way. ii am a giirl whose confidence comes from experiences; who knows she can fall pick herself up and move on

Ari Castillo

# Can'T You See?

Can't you see? Don't you care  
I want to die?  
Don't you listen? Can't you hear  
My silent cry?

Won't you turn? Can't you hold  
Me to your heart?  
Are you afraid of what might follow  
Once you start?

Would you rather not believe  
I'm in such pain  
That all your sense and good advice  
Must be in vain?

Would you rather tell yourself  
I'll be OK,  
And all this adolescent angst  
Will go away?

Ah! Would I also swim across  
This lake alone!  
But if you cannot swim with me,  
I know I'll drown.

Ari Castillo

# End Of Innocence

Secrets, secrets  
Lies, lies  
She sits in her room,  
and cries and cries.  
There's no more trust  
In this girl's heart.  
She finally found out  
That life isn't perfect.  
She lived in dreams,  
As children often do.  
But she crawled out  
Into the world everyone knew.  
Things that once were.  
Happiness once known;  
The truth of it all  
To her was shown.  
Her little heart  
Will never trust again.  
She'll never know  
A real true friend.  
No more trust,  
For no more lies.  
She'll sit in her room  
And cry and cry

Ari Castillo

# Help Me Please! ! !

Help me please understand why i was abused  
Why did my father hate? Beat me?  
Why did he take my hope, dreams away?  
Why did he take my faith in god?  
Why did he make me feel like their is no hope for me?  
Am i wrong for not loving him anymore?  
Am i wrong for not trying to understand him?  
Did i do wrong? Did i deserved this?  
Was the abused my fault?  
Will i ever recover from the abused?  
Please help me understand Why.....

Ari Castillo

# Hiding The Pain

I hide the pain behind the smile on my face  
i can't take this pain anymore wish it was all over  
I hide the pain behind the smile on my face  
How i wish it was all over  
I hide the pain behind the smile on my face  
its like the place i have been hurt tries to heal  
and u just keep pullin the scar off it over and over  
I hide the pain behind the smile on my face  
I wish it was all over  
I hide the pain behind the smile on my face  
with a little pop i can end it all

Ari Castillo



# I Have

I have the eyes of innocence  
the face of an angel  
a personalty of a dreamer  
and a smile thats hides more  
pain than you can ever imagine

Ari Castillo

# I Pray

I heard u comin thru the door late at night  
i shiver in my bed and i pray  
i pray that tonight u go straight to ur room  
but like every other night u come in to my room  
u lay next to me and am still prayin to god to help me  
u start to touch me and i try to move away but all u do is pull me closer  
as u touch my boby i pray pray for u to stop u can feel my heart beatin faster  
and u laugh u laugh at me and ask me if i think hes doing anything wrong u say  
u can touch me like that because ur my father and that ur not doing it in a bad  
wait i stay there silent prayin convincein me that ur right that ur not hurtin me  
but deep down i know what u are doing but i don't want to believe it because i luv u  
and i wish u love me 2  
so i stay there and pray to god to help me  
i wait until ur asleep then i get up and go to the couch and cry myself to sleep  
because i know what u doin to me and its killin me

Ari Castillo

# I Was Only 14! !

u woke me up in the middle of the night  
but this night was diffrent from the rest u didn't wake  
me up to hit or touch me u woke me up cause your scared of dieing  
i was only 14 u told me that the cocaine u took had somethin in it that  
wasn't right then u told me ur feel like if u go to sleep u were gonna die  
i was only 14 so i had to get up and try to convince u that everythin was gonna  
be alright i was only 14 i sat u down on the couch and sat down next to u n told  
u everythin gonna be alright i was only 14 i hugged u and rock u to sleep i was  
only 14 and u keep tellin me am gonna die am gonna die i was only 14 finally u  
felt asleep in my arms and i stay there crying and rocky u i was only 14 daddy

- no child at that age should be put through what i/ve gone through please stop  
child abused because when a child its a bused they die inside

Ari Castillo

# I Was Only 9! !

i was only 9 when u started to touch me  
daddy i was only 9 when u came into my room  
and started to touch my body u told that you could do that  
daddy i was only 9 when u took my innocent away  
why daddy did u touch me beat me and hurt me  
why daddy if i was only 9

please stop child molestation because when u abused a child  
they feel like they just wanna die take my story as an example  
i was an abused child and am still not over the abused am dying inside so stop  
the cycle of abused -ari

Ari Castillo

# Lookin The In The Mirror

Am looking in the mirror try to see or find something beautiful  
Am looking in the mirror and not reconizing what i see  
Am looking in the mirror and seeing a scared lil girl  
that need help to carry on  
Am looking in the mirror and seeing the face slowly start  
to dissaper slowly and slowing its gone  
Am looking in the mirror and seeing nothing there  
because am not alive anymore i've die inside  
Am looking in the mirror but nothing there

Ari Castillo

# My New Best Friend

Today i meet a great friend  
who knew me right away  
It was funny how she understood  
All i had to say

She listen to my problems  
She listen to my dreams  
We talk about love and life  
She'd been there, too, it seems

I never once felt judged by her  
She knew just how i felt  
She seemed to just accept me  
And all the problem I'd been dealt

She didn't interrupt me  
or need to have to her say  
She just listen very patiently  
And didn't go away

I wanted her to understand  
How much this meant to me  
But as i went to hug her  
Something startled me

I put my arms in front of me  
And went to pull her nearer  
and i realize that my new best friend  
Was nothing but a Mirror

Ari Castillo

# My New Best Friend The Blade

i love my new best friend the blade  
It cuts the pain away out of my body  
I love my new best friend The blade  
As i cut into my skin a smile appears  
I love my new best friend the blade  
As the blood drip from my bestfriend  
I love my best friend the blade  
It takes the pain away for a short time  
Cant Wait to see my best friend

Ari Castillo

# Pain Runs Through My Body

Pain runs through my body, and I don't need anymore.  
Pain runs through my body, so leave me alone you whore.  
Pain runs through my blood, as I start to bleed.  
Pain runs through my body, and love is what I need.  
Pain runs through my body, everyday of my life.  
Pain runs through my body, as I pick up the knife.  
Pain runs through my body, as I put it through my chest.  
Pain runs through my body and I think you know the rest.

Ari Castillo



# She Knows Better Now

shes not like that now. she knows better  
she knows now that people lie & promises  
can be broken as quickly as theyre made..  
she understands that she might never be  
loved & too things can fly in  
front of your eyes before you can reach out  
and grab them. she knows that you can't  
change or help time so every now&then itll  
just run out. there isnt a place for everyone  
in the world! ! !

Ari Castillo

# Strength

My mind, body and spirit are strong  
I take time each day to rejuvenate and recharge  
I draw from deep well of peace and calm  
I breathe in strength and release my fears  
I go after my heart's deep desires  
I can accomplish anything I focus on my goal and have the strength to make it happen  
I choose to be unstoppable I am strong I act in spite of my fears  
I am bigger than my concerns and worries  
I can do anything i put my mind to  
Each day i am getting stronger  
I can take care of myself  
The strength of others inspires me daily  
I trust my intuition and live a courageous life

Ari Castillo

# The Girl

That girl's broken inside&out  
Walking alone at night in the rain  
Nowhere to call home, No arms to run to  
She's hugging herself, Protecting herself against the cold  
She's been left behind once again  
She's giving up tonight.

Ari Castillo

# The Rain

The sky get's dark and the world becomes stark,  
The clouds surrounds the earth and the wheather has just gave birth,  
Lightnin launches down from the sky and raindrops fall down like a silent cry,

Thunder screeches and shouts loud but anger and rage scatters the crowd,  
A storm was born and has been given life as swift and fast but also sharper then  
a knife,  
Rain pours from the sky and collides with the ground and the wind tears though  
earth and make a loud sound,

The earth quakes because it's in pain but it can't run or hide from the power of  
the rain...

Ari Castillo

# Theres A Place

Theres a place...

Theres a place where the sun always shine, theres a place where everything will be fine...

Theres a place where the wheather will be warm, theres a place where there won't be a storm...

Theres a place where there won't be a crime, theres a place where you can take your time...

Theres a place where everyone will share, theres a place where everyone will care...

Theres a place...

Theres a place where it's so cold, theres a place where you will be so old...

Theres a place where theres hate and pain, theres a place where it always will rain...

Theres a place where there will be no good, theres a place where people will wish they could...

Theres a place where you will die, theres a place where everyone will cry...

Theres a place...

Ari Castillo

# Traped Inside

Traped inside...

Traped inside and can't come out,  
no one there to hear me speak or shout...  
All alone and left to die,

tears fall from my face like a silent cry...  
Dark and coldness surrounds me,  
evil controls what I hear speak or see...  
My heart aches from the pain I feel,

my body can't move and everything around me becomes still...  
My body feels cold like I have no blood,  
i'm emotionless but I continue to cry a flood...  
My mind is out in the open and cannot hide,

my soul is gone and has been traped deep down inside...

Ari Castillo

# Trying To Escaped Mii Past

Trying to escape the past...

I'm back from the dead,

trying to clear my mind and keep the pain out of my head...

The world is moving slow as I climb out of my grave,

sometimes you have to run from the past and stop being brave...

Traped in between both worlds and don't know what to do,

my soul is somewhere else but god forgot to take me to...

My mind is corrupt and sad,

I wish I can start all over and have the things I never had...

There's no turning back from the dead,

I can't escape the past because it left a mark in my head...

When you mess up in life time always move fast,

keep moving forward and soon all of this will be the past...

Ari Castillo